



KEEPING THE FOCUS ON

**FUN!**

This is a resource that can help FunTeam volunteers and parents increase the level of enjoyment participants have when they get involved with a FunTeam activity.

Here are **SEVEN** ways to keep FunTeam activities focused on **FUN**:

**1. TAKE A MULTI-SPORT APPROACH TO YOUR FUNTEAM GROUP**

This let's kids learn new games and develop different skill sets that will help them be better all-around athletes later in life. Try playing a different sport every month!

Click the QR code to learn more!



**2. DESIGN FUNTEAM SESSIONS AROUND PLAY**

Kids enjoy games not drills. A properly designed FunTeam session with creative and cooperative games can still develop skill that gets all participants involved.

Click the QR code to learn more about FunTeam PLAYBooks



**3. DON'T KEEP SCORE**

Our goal is to make sure ALL players enjoy their experience and not have the experience determined by wins and losses.

**4. INCLUDE PARENTS IN THE EXPERIENCE**

Having parents coach, volunteer or just play with their children can help achieve a number of goals while instilling the values of FunTeam.

**5. SHAKE HANDS/HIGH FIVE BEFORE AND/OR AFTER GAMES**

The act of shaking hands is a universal sign of camaraderie and will promote attitude of sportsmanship and respect.

**6. ENSURE THAT THE TEAMS ARE EVEN**

Nobody wins or learns in a lopsided game! Change the teams up (as needed) through the game or have players change positions to learn different skills of the different positions of the sport.

**7. END THE SESSION WITH ON A HIGH NOTE!**

The players will always remember what is said last, so ensure they leave hearing about the positive aspects of their FunTeam experience.



For more information on how to incorporate **FUN** into your FunTeam group sessions, contact the FunTeam Alberta office at [info@funteamalberta.com](mailto:info@funteamalberta.com) or visit our website

